



Ligament
Connections equal strength

Meet our *Superstar* Physio!

JO



Sex	Age Range
Male	31 - 35
Level Experience	Desired Contract
Level 2 - 4-6 points	The Kea Package



Qualifications

Bachelor of Medical Rehabilitation in Physiotherapy (2018)

University

Nnamdi Azikiwe University, Nigeria

Points System

Criteria	Years Experience	Points	Total
Fast Track Country Experience (Ireland, UK, Canada, South Africa) + Australia and USA	0 - 1	1	0
	2 - 4	2	
	5 - 7	4	
	8 - 10	6	
	11 - 13	8	
	14 - 17	10	
	18+	12	
Private Practise Musculoskeletal Experience	Years Experience	Points	2
	0 - 1	0	
	2 - 3	1	
	4 - 5	2	
	6 - 7	3	
	8 - 9	4	
	10+	5	
Post Grad Experience	Years Experience	Points	2
	0 - 4	1	
	5 - 10	2	
	11+	3	
New Zealand Experience	Months Experience	Points	0
	0 - 6	1	
	7 - 12	2	
	13 - 18	4	
	19 - 24	6	
Ligament Experience	Months Experience	Points	0
	0 - 6	1	
	7 - 12	2	
	13 - 18	3	
	19 - 24	4	
Post Grad Qualifications	Courses	Points	Total
	Post Grad Courses	1	1
	Post Grad Certificate	2	0
	Post Grad Diploma	3	0
	Post Grad Masters	4	0
Total:			5

New Zealand Experience

None

Private Practise MSK Experience

JO has 2 years of experience in private practice, starting from the undergraduate level and also as an autonomous physiotherapist. He performed physiotherapeutic assessments of patients with diverse presentations and complex physical and psychological conditions. JO provided a diagnosis/clinical impression, developed, and delivered individualized treatment programs for his caseload, including neurology, musculoskeletal, orthopedic, geriatrics, cardiopulmonary, obstetrics, multi-pathology, and sports injuries. He ruled out red flags in assessments such as cauda equina syndrome, infections, fractures, double vision, drop attacks, and cancer. He offered services to patients including the Bobath concept, PNF, and Cognitive Rehabilitation. JO undertook all clinical duties and provided advice and guidance on health management and prevention strategies to patients, carers, and multi-agency staff. He improved patients' levels of mobility, strength, endurance, and other physical abilities depending on the impact of illness or injury. He participated in continuing professional development programs and consulted current technical literature to stay abreast of changes in the field.

Hospital Experience

JO has 4 years of experience as an autonomous practitioner. He provided physiotherapy services in a clinic, working in both inpatient and outpatient units, and saw an average of 12 to 15 patients a day with a range of conditions, including neurology, musculoskeletal, orthopedic, geriatrics, cardiopulmonary, obstetrics, multi-pathology, and sports injuries. JO assessed, diagnosed, and managed conditions within medical multidisciplinary teams, aiming to improve the quality of life of patients by enhancing their physical and functional abilities through physiotherapy. JO actively scheduled patient appointments, compiled billing notes, and completed referral and discharge notes, maintaining clear, accurate, and confidential patient records.

Special Interests

JO has a special interest in musculoskeletal physiotherapy and has experience in manual therapy techniques such as Mulligan, Maitland, and McKenzie. Having practiced in the United Kingdom, he is keen to undertake further training in manual therapy to build on the knowledge gained in Nigeria. Additionally, he has good experience in neurology, geriatrics, rehabilitation, pediatrics, and orthopedics.

Quotes from References

He is very good at providing comprehensive and personalised sessions. He empowers his patients through clear communication and education, promoting self-care and informed decision making. He is warm and compassionate.

He delivers precise and efficient patient care, balancing attention to detail with timely treatment delivery. He maintains a high standard of accuracy and efficiency, even in a dynamic clinical environments. He is able to manage his caseload and work under pressure.

JO consistently exceeds expectations. He has demonstrated considerable growth and professionalism. He is very good and passionate about his duties.

Who am I?

JO is a happily married young man and does not have any children as yet. He would describe himself as a type of person who enjoys seeing those around him happy and doing well. He is a caring, understanding and compassionate person and expresses the same passion as a physiotherapy when taking care of his patient's management. He enjoys working in a comfortable and neat environment. He is a physiotherapist that has experience working in both Nigeria and the United Kingdom. He has experience treating a variety of conditions such as rehabilitation, musculoskeletal, neurology and community. He has experience working in both the private practice outpatient setting as well as the inpatient hospital setting too. Outside of work, he enjoys sports such as football, basketball and pretty much anything sports related.

CPD Courses

Cultural competency
Healthcare the Treaty of Waitangi
Integrating Manual Therapy Practice for Effective Low Back Pain Management
Proprioceptive Neuromuscular Facilitation(PNF) of stroke
Assessment, diagnosis and management musculoskeletal dysfunction.
Fall prevention and treatment for geriatrics.

