



Ligament

Connections equal strength

Meet our *Superstar* Physio!

MM

Sex

Female

Age Range

31-35

Years Experience

6-7 Years

Desired Contract

The Kea Package

Qualifications

Masters of Science in Occupational Therapy

University

Saginaw Valley State University

Hospital Experience

I worked at a Level II Trauma hospital in rural western Nebraska for 3 years and 2 months where I gained experience serving patients admitted due to trauma, orthopedic, neurological, and musculoskeletal conditions. I was one of the main occupational therapists on the acute rehab floor. Responsible for performing evaluations, delivering objective tests (such as the Modified Barthel Exam and FIM scores) to track progress and monitor changes in activities of daily living, as well as making functional resting hand splints, incorporating physical agent modalities to address pain or hemiparesis following strokes. Familiar with performing additional objective tests: I also floated to other floors including oncology, progressive and intensive care units to perform initial evaluations and outline goals for OTA to focus treatment on, to address critical self-care tasks. Partnered with physical therapists to deliver the NIH stroke scale to assess the severity of stroke and guide treatment decisions upon admission to the hospital. Furthermore, co-led three Tai Chi for Arthritis and Fall Prevention courses out of hospital for members of the local community.

Private Practise MSK Experience

During my internships, I was full-time at a private practice clinic as well as inpatient clinic during my masters program. Later in my professional career, I worked in home health for 7 months (gave me valuable experience applicable in the private practice clinic setting - as I gained experience for setting up appointments and managing my own schedule); as a travel occupational therapist within the United States, I had a contract where I worked intermittently with local orthopedic patients out of the gym at the skilled nursing facility in need of occupational therapy services. During one internship, I worked with upper extremity injuries/conditions ranging from carpal tunnel syndrome to lymphedema. I was introduced to and became confident in conducting an evaluation, performing manual lymph drainage, and providing education for management of this chronic condition including self lymphatic massage.

Special Interests

I would love to work with lymphedema, as well as upper extremity orthopedic conditions including (for example) carpal tunnel syndrome - especially enjoyed providing education regarding UE injuries; Would value additional opportunities to grow as a clinician in addressing neuroscience, especially the partnership of occupational therapy and cognitive neuroscience.



More about MM

Quotes from References

Accuracy / Timeliness and Workload

MM is persistent and has made significant progress in her time management skills. She will ask appropriate questions when she doesn't know the answer or how to do something.

Strengths

MM is compassionate and empathetic, always considers how her decisions will impact others. She is eager to learn and takes opportunities to learn new skills.

Other Comments

MM seeks out to new learning, new experiences, and new challenges.



CPD Courses

- Chronic Pain Conditions (Summit Professional Education in 2020)
- Point of Service Documentation (Summit Professional Education in 2020)
- Dementia Care and Fall Prevention (Summit Professional Education in 2020)
- Assessment and Treatment for Stroke Recovery (Summit Professional Education in 2020), Physical Agent Modalities Credentialing Certificate (PAMPCA, LLC in 2021)
- Stage 1: Fundamentals of Tai Chi for Arthritis Tai Chi for Health and Fall Prevention Instructor Training (Tai Chi for Health in 2022)
- Stroke Rehabilitation Intensive Training Course: Best Practices for Rapid Functional Gains and Improved Outcomes - Completed Sections 1-3 (PESI in 2023)
- Acute Rehabilitation Unit Competencies (Regional West Medical Center in 2021 and 2023)

Work Values Results

1.	Work relationships
2.	Altruism
3.	Structure
4.	Variety
5.	Financial reward
6.	Self-development
7.	Working conditions
8.	Influence
9.	Prestige
10.	Creativity

WORK RELATIONSHIPS:

MM enjoys having a pleasant social contact with colleagues. They prefer an environment where they can build strong, friendly relationships with co-workers and prefers a work collaboration and participation in a team.

ALTRUISM:

MM enjoys helping others through the work that they do. They are highly devoted to helping other people through their work.

STRUCTURE:

MM enjoys structure, fixed routines and activities with clear frameworks and timelines and prefers a job with clear expectations and rules.



More about MM

Who Am I

I am an occupational therapist with depth and diversity of experience across multiple settings including over 3 years in acute care rehabilitation alongside floating to medical-surgical, progressive and intensive care units in the hospital as well as further work experience in home health, skilled nursing facilities and valuable internships in clinics. My career started as a travel OT transitioning into permanent acute role during COVID. Over the 6.5 years, I have gained valuable knowledge in the fields of neurological, orthopaedic and pulmonary management alongside MSK and cardiovascular conditions.

New Zealand Experience

None

Temperament Typology Explained

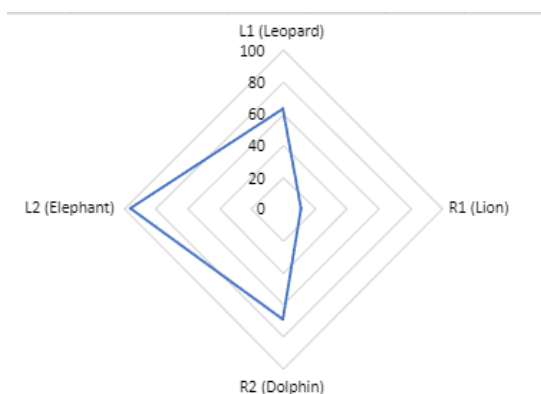
Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

- Leopards (L1) are task-orientated introverts.*
- Lions (R1) are task-orientated extroverts.*
- Dolphins (R2) are people-orientated extroverts.*
- Elephants (L2) are people-orientated introverts.*

Temperament Typology

MM is warm, reserved and friendly person. She is able to stick to the task and is process-orientated. MM is a patient, clear and detailed communicator. She is dependable and able to work in a team. In conflict, she will try and find a compromising solution and accommodate other person's wishes.

Temperament Graphic



Temperament Typology Result

L1	Leopard	63	Extrovert	81
R1	Lion	11.5	Introvert	159
R2	Dolphin	69.5	Task	74.5
L2	Elephant	96	People	165.5

