



**Ligament**  
Connections equal strength

Meet our *Superstar* Physio!

**AM**



<b>Sex</b>	<b>Age Range</b>
Male	36 - 40
<b>Level Experience</b>	<b>Desired Contract</b>
Level 4 - 11-15 points	The Kiwi Package

**Qualifications**

Bachelor of Science in Physiotherapy (2009)  
Masters in Orthopaedic Physiotherapy (2016); Masters in Human Anatomy(2018)

**University**

Bayero University, Nigeria

**Points System**

Criteria	Years Experience	Points	Total
<b>Fast Track Country Experience (Ireland, UK, Canada, South Africa) + Australia and USA</b>	0 - 1	1	<b>0</b>
	2 - 4	2	
	5 - 7	4	
	8 - 10	6	
	11 - 13	8	
	14 - 17	10	
	18+	12	
<b>Private Practise Musculoskeletal Experience</b>	<b>Years Experience</b>	<b>Points</b>	<b>5</b>
	0 - 1	0	
	2 - 3	1	
	4 - 5	2	
	6 - 7	3	
	8 - 9	4	
	10+	5	
<b>Post Grad Experience</b>	<b>Years Experience</b>	<b>Points</b>	<b>3</b>
	0 - 4	1	
	5 - 10	2	
	11+	3	
<b>New Zealand Experience</b>	<b>Months Experience</b>	<b>Points</b>	<b>0</b>
	0 - 6	1	
	7 - 12	2	
	13 - 18	4	
	19 - 24	6	
<b>Ligament Experience</b>	<b>Months Experience</b>	<b>Points</b>	<b>0</b>
	0 - 6	1	
	7 - 12	2	
	13 - 18	3	
	19 - 24	4	
<b>Post Grad Qualifications</b>	<b>Courses</b>	<b>Points</b>	<b>4</b>
	Post Grad Courses	1	
	Post Grad Certificate	2	
	Post Grad Diploma	3	
	Post Grad Masters	4	
<b>Total:</b>			<b>12</b>

**New Zealand Experience**

None

**Private Practise MSK Experience**

AM has been working in private practice for 10 years alongside his hospital duties. His role includes conducting patient assessments, making diagnoses, and identifying specific needs. He develops personalized treatment plans based on these assessments and diagnoses, sets realistic goals for patients' recovery and rehabilitation, administers manual therapy techniques like massage and joint mobilization, implements exercise programs to improve strength, flexibility, and balance, and educates patients on their conditions and the purpose of treatments.

**Hospital Experience**

Overall, AM has 15 years of work experience in a hospital setting with an 800-bed capacity. He runs a normal clinic between 8:00 am and 4:00 pm on working days, working an average of 54 hours a week, including on-call duties and when the need arises. His duties and responsibilities include working as a specialist physiotherapist (orthopaedic), managing vast and complex musculoskeletal conditions in orthopaedic/surgical units and on an outpatient basis within his facility. He conducts holistic patient assessments, makes diagnoses, formulates and implements treatment plans with exercise, manual therapy, electrotherapy, and patient education using personalized, evidence-based, and biopsychosocial approaches. He also uses drug prescriptions as a complementary treatment for a wide range of joint and muscle conditions. He monitors and re-evaluates patients' progress with precise outcome measures, and adjusts the treatment plan as needed, resulting in improved overall patient adherence and a reduction in adverse events.

**Special Interests**

AM studied a Masters in Orthopaedic physiotherapy, and a Masters in Human Anatomy, as he has a special interest in orthopaedic management and the human body.

**Quotes from References**

AM has good communication and problem solving skills. He is able to be adaptable and flexible. He has good interpersonal skills and is able to work in multidisciplinary team.

AM consistently demonstrates high accuracy and exceptional time management skills in his clinical practice. He is able to prioritise his case load while maintaining high standards of care.

He is an exemplary physiotherapist whose hard work, skills, dedication and professionalism makes him an excellent candidate.

**Who am I?**

AM is a dedicated and hardworking senior musculoskeletal physiotherapist. With a Bachelor's degree in Physiotherapy and two Master's degrees in Orthopaedic Physiotherapy and Human Anatomy from Bayero University, he brings a lot of knowledge and expertise to the table. He has nine years of experience as a rotational physiotherapist and six years as an autonomous musculoskeletal physiotherapist, managing patients with various musculoskeletal conditions as the highest standards, following guidelines and policies. His skills include creating personalized rehab plans that involve holistic assessment, diagnosis, manual therapy, and exercise prescription. He excels in evidence-based practice, patient-centered care, leadership, teamwork, communication, time management, and continuous professional development. He keeps up with the latest advancements in physiotherapy and has strong cultural competencies. Outside of work, he enjoys gardening, hiking, and staying active with indoor workouts. He also loves community volunteering, learning about different cultures, and spending time by the beach.

**CPD Courses**

- Master the Art of Evidence-Based Practice in Post-Operative Rehabilitation. Global Initiative for Expert Manual Therapist, 2024.
- Unravelling Meralgia Paresthetica Global Initiative for Expert Manual Therapist, 2024.
- Unlocking the Mystery: Live Case Study - Solving Complex Low Back and Pelvic Pain, Global Initiative for Expert Manual Therapist, 2024.
- Manual Therapy Technique for the Elbow Joint, International Sports and Orthopaedic Manual Therapy, 1 day, 2024.
- Management Skills - Team Leadership Skills Masterclass, Udemy, 2024

