



Ligament
Connections equal strength

Meet our *Superstar* Physio!

MY



Sex	Age Range
Male	26 - 30
Level Experience	Desired Contract
Level 2 - 4-6 points	The Fantail Package



Qualifications

Bachelor of Physiotherapy (2019)
Master's in Public Health (Current)

University

Bayero University, Nigeria
National Open University, Nigeria

Points System

Criteria	Years Experience	Points	Total
Fast Track Country Experience (Ireland, UK, Canada, South Africa) + Australia and USA	0 - 1	1	0
	2 - 4	2	
	5 - 7	4	
	8 - 10	6	
	11 - 13	8	
	14 - 17	10	
	18+	12	
Private Practise Musculoskeletal Experience	Years Experience	Points	2
	0 - 1	0	
	2 - 3	1	
	4 - 5	2	
	6 - 7	3	
	8 - 9	4	
	10+	5	
Post Grad Experience	Years Experience	Points	2
	0 - 4	1	
	5 - 10	2	
	11+	3	
New Zealand Experience	Months Experience	Points	0
	0 - 6	1	
	7 - 12	2	
	13 - 18	4	
	19 - 24	6	
Ligament Experience	Months Experience	Points	0
	0 - 6	1	
	7 - 12	2	
	13 - 18	3	
	19 - 24	4	
Post Grad Qualifications	Courses	Points	5
	Post Grad Courses	1	
	Post Grad Certificate	2	
	Post Grad Diploma	3	
	Post Grad Masters	4	
Total:			5

New Zealand Experience

None

Private Practise MSK Experience

MY has three years of experience as a part-time Physiotherapist at a private practice. His role includes ensuring top-notch clinical care for patients and supporting junior staff. He evaluates and prioritizes referrals based on clinical need and communicates with the referring party. He handles comprehensive assessments of patients, even those with complex issues, using investigative and analytical skills.

MY creates personalized management and treatment plans using clinical reasoning and a variety of treatment skills. He offers both spontaneous and planned advice, teaching, and training to relatives, caregivers, and other professionals. He coordinates and ensures the effective delivery of physiotherapy services, keeping accurate and up-to-date documentation in line with legal and departmental requirements.

To stay on top of his game, MY keeps up with new developments through self-motivated reading and research. He measures and evaluates current practices using evidence-based practice, clinical audits, research, and outcome measures.

Hospital Experience

MY has just over 5 years of experience as a full-time Physiotherapist. His roles include providing physiotherapy assessment and treatment to both inpatients and outpatients. He liaises with doctors, nurses, consultants, OTs, and other health or social care professionals regarding patient care. He is involved in patients' pre-admission and follow-up care, supporting those recovering from surgery.

MY maintains a high standard of work and professionalism, delivering bespoke physiotherapy plans to meet the needs of individual patients. He supports elderly people to increase their mobility and improve their activities of daily living (ADLs). Additionally, he performs routine physical examinations and inspections.

Special Interests

MY has a keen interest in Sports Physiotherapy and is actively developing his skills in this area. As a dedicated sports person and athlete himself, MY is driven to actualize this goal and enhance his expertise in the Sports Physiotherapy sector.

Quotes from References

MY has good communication, leadership and adaptability skills. He is able to problem solve well and has a strong work ethic with great attention to detail.

MY is able to effectively prioritize his patient case load in a time efficient manner. He adapts to his changing schedule and is able to meet deadlines. He is well organised and is proficient in managing his patients and their progress.

MY is resilient and able to work under pressure. He is an innovative, quick learner and has good problem solving abilities. He also has good interpersonal skills.

Who am I?

MY is a jovial, professional, and inquisitive individual with a passion for Physiotherapy. He is eager to travel around New Zealand to understand the people, the culture, and enjoy the beautiful landscapes and surroundings. MY is also interested in exploring and learning about different cultures and places around the world. MY has experience in both the government and private sectors in Nigeria. He works and coaches a soccer team part-time called Dromeda Sports Club in Nigeria and also runs a private clinic after his regular working hours.

Outside of work, MY enjoys photography, sports, and nature as it allows him to spend most of his time outdoors. He has a great passion for traveling, exploring, and learning about different cultures and nature.

CPD Courses

Clinical application of Myotomes and Dermatomes
Encouraging older patients to engage in fall prevention
Strength, Power, and Endurance in aquatic exercises
Manual handling myths and low back pain
Intra-professional conflict management
Building capacity for exceptional patient care

